



Curriculum Overview

Olveston CE VC Primary School – PE long term plan						
Physical Education	Autumn		Spring		Summer	
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Introduction to PE: Unit 1	Fundamentals: Unit 1	Gymnastics: Unit 1	Dance: Unit 1	Ball Skills: Unit 1	Games Skills: Unit 1/ Sports Day practise
Year 1	Ball Skills (Handball: Bristol Sport)	Dance (Bristol Sport)	Gymnastics	Net & Wall Games	Striking & Fielding Games	Athletics / Sports Day practise
Year 2	Ball Skills (Handball: Bristol Sport)	Dance (Bristol Sport)	Gymnastics	Net & Wall Games	Striking & Fielding Games	Athletics / Sports Day practise
					Swimming (6 week block)	
Year 3	Tennis	Tag Rugby	Gymnastics	Handball		Athletics / Sports Day practise
				Swimming (6 week block)		
Year 4	Badminton	Football	Fitness / Circuits		Cricket	Athletics / Sports Day practise
			Swimming (6 week block)			
Year 5	Dance (Bristol Sport)	Tag Rugby (Bristol Sport)	Fitness / Circuits	Gymnastics	Volleyball (Yr5/6)	Athletics / Sports Day practise
		Swimming (6 week block)				
Year 6	Dance (Bristol Sport)	Tag Rugby (Bristol Sport)	Netball	Volleyball (Yr5/6)	Rounders	Athletics / Sports Day practise
	Swimming (6 week block)					

Colour Code:

Invasion	
Swimming	
Net & Wall	
Striking & Fielding	
Dance	
Gymnastics	