

OLVESTON SCHOOL VISION

Trusted to provide a stimulating, secure and caring environment that is enhanced by the Christian ethos of the school, enabling children to develop skills for life and belief in their individual potential, so that they make an effective contribution to society.



Suggested Reading:

How should I behave? By Mick Manning and Brita Granstrom

When Goodbye is For Ever by Rock and Moxley

Badger's Parting Gifts by Susan Varley

Mine! By Hiawyn Oram and Mary Rees

Don't tell lies, Lucy! By Phil Roxbe Cox

The Lonely Tree by Nicholas

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Our Charter For Healthy Relationships and Lifestyles

Foundation Stage and
Key Stage One



Promoting lifelong learning
about physical, emotional
and moral development.



At Olveston C.E.V.C. Primary School we believe that:

- establishing healthy relationships and lifestyles increases children's confidence and self-esteem.
- promoting our Christian values enables children to respect and empathise with all members of our school community
- children should be given opportunities to explore and reflect on their friendships and family relationships.
- it is important that children can express opinions and concerns about their feelings and relationships
- Children celebrate the diversity of people.

N.B South Gloucestershire recognise Healthy Relationships and Lifestyles as Sex and Relationship Education.



How can you support your child at home in developing healthy relationships?

- Set aside some time to share school news with your child. This will provide them with the opportunity to discuss any friendship issues or concerns.
- Share age appropriate books with your child, to reinforce friendships and relationships issues, feelings and emotions.
- Encourage your child to develop healthy relationships by promoting them to have a group of friends as opposed to just one 'special' friend.
- Play turn taking games at home with your child to explore the concept of taking turns, sharing, winning and healthy competition.

How can you support your child at home in developing a healthy lifestyle?

- Openly support our ethos that a healthy mind and body promotes a healthy attitude.
- Encourage your child to make healthy food choices and discuss the importance of a balanced diet.
- Daily exercise energises children physical and mentally.
- Set aside some regular 'down time' (a time for calm and reflection). This will allow your child an opportunity to recharge their batteries and focus themselves.



What will your child be learning?

Foundation Stage

Hygiene—toileting and hand washing

Dressing and undressing

Names of body parts

(not genitalia)

Friendships

Year One

Love

Life Cycles of animals

Marriage

Parents

Year Two

Body parts

(including genitalia)

Feelings and relationships

Differences between being a boy or a girl.

