

MINCE PIES

Mince pies were originally eaten on Christmas Eve to bring good luck to Santa at getting round the whole World in time. Mince pies were also originally made with mince beef and mostly eaten on Christmas day and New Year. Modern mince pies contain no meat, containing the filling of apple sugar and dried raisins.

The perfect mince pie is 2.53 inches. A version of the mince pie is the minced tart (a mince pie with no top).

By David Butcher

