

Olveston CEVC Primary School
Elberton Road
Olveston
Bristol
BS35 4DB
Head Teacher: Miss F. Bertham



Tel: 01454 613299
Fax: 01454 616388
office @olveston-pri.s-gloucs.sch.uk
head@olveston-pri.s-gloucs.sch.uk

Lifelong learning, striving for excellence

Tuesday 12th March 2008

Bikeability Level II for all Year 5 children

Dear Parents/Carers,

After the half term break, Year 5 children will have the opportunity to take part in Level II Bikeability Training. This will be a valuable six week course where the children will be taught road safety whilst riding a bicycle. The children will be taught in groups of six by a qualified Bikeability Officer in terms 5 and 6. Full details and a consent form are attached with this letter.

Your child is in group _____.

Course Location : Bramley Close, Orchard Rise

Dates of Training:

Group 1 24th April. 1st 8th 15th 22nd May. 5th June 2008 (From 1.30 – 3pm)

Group 2 25th April. 2nd 9th 16th 23rd May. 6th June 2008 (From 1.30 – 3pm)

Group 3, 4 and 5 information will follow after the half term break and will take place in June and July.

If you are happy for your child to take part, please complete and return the consent form by **Friday 28th March 2008.**

Yours sincerely,

Miss F. Bertham
Head Teacher

Enquiries to: Road Safety Office, Broad Lane, Yate, South Gloucestershire BS37 7FY
Telephone: 01454 863526
Fax: 01454 863697

Level II Bikeability Cycle Training Course

Course Location : Bramley Close, Orchard Rise

Dates of Training:

Group 1 24th April. 1st 8th 15th 22nd May. 5th June 2008

Group 2 25th April. 2nd 9th 16th 23rd May. 6th June 2008

Times: From 1.30pm To 3pm

About the Course – During the course your child will be taught how to:

- Start an on-road journey
- Finish an on-road journey
- Be aware of surroundings, including behind, whilst riding
- Understand where to ride on the roads
- How to pass parked cars or slower moving vehicles
- How to pass a side road
- How to turn right into a major road and left into a minor road
- How to turn left into major and right into a minor road
- Know how to take the correct carriageway lane when required
- Understand how to use cycle lanes (if available in the area)
- Be able to explain why a decision was made during riding
- Demonstrate a basic understanding of the highway code (in particular how to interpret road signs)

This cycle training is not designed to teach children **how** to ride a bike as all children on the course are expected to be able to cycle competently. The course is designed to increase the child's awareness and safety when riding on the roads and is predominantly road based and run by Nationally Accredited Cycle Instructors. Particular emphasis will be on safety – the importance of looking behind and giving the correct signals before changing direction or road position, and the importance of "being seen". As with other school activities, South Gloucestershire Council does not provide Personal Accident Insurance cover for children during training, and parents who want this type of cover should make their own arrangements.

Training/Testing Conditions

1. The course **MUST** be carried out on a mechanically sound and legally roadworthy bicycle adjusted to suit the rider. The bike will be checked at the start of the course and you will be notified if any faults are found. Faults will need to be rectified before your child can continue on the course; failure to do this will mean your child cannot continue with the training. However it must be understood that responsibility for ensuring a bike is roadworthy remains with the parent/guardian.
2. The safety of children moving to and from the training course with their bicycles is the responsibility of the parent or guardian.
3. Children will be required to do training on roads; this will necessitate parental approval. The times stated for the course will be adhered to wherever possible, but should inclement weather, or other valid reason, cause the premature stopping of the training session, the children (in the case of out of school hours training courses) will be sent home.
4. Children, and Instructors are issued with bright fluorescent clothing with 'cycle training' on the back, this creates a safer environment, and should be borne in mind when your child is allowed on public roads on his/her own.
5. Whilst cycle helmets do not prevent accidents, they drastically reduce the risk of serious head injury if an accident occurs. Parents are, therefore required to supply a properly fitted and adjusted helmet to a recognised safety test standard, (e.g. BS EN 1078, SNELL CERTIFIED, ANSI Z 90.4)
6. Your child must be committed to completing the entire course so if there are any problems with any of the training dates please notify your school.
7. Your child will be expected to behave in a safe and orderly manner and failure to comply with this may mean your child will be excluded from the course.

8. Your child should bring the completed form attached to the first session of the course. Failure to do so will result in the child not being accepted for the session.

Cycle Training Course – Enrolment/Consent Form

The following information is requested to identify if there are any special conditions relating to your child and to ensure information will be available in case an accident occurs.

Medical Information

Does your child have a medical condition?

YES NO

If YES please advise if this limits what your child can do e.g. are they likely to become tired, will they understand verbal instruction.....

Is your child allergic to any medication?

YES NO

If YES, please give details.....

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Please advise us of anything else that may effect your child taking part in a cycle training course

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STATEMENT OF CONSENT

I will ensure my child abides by the above guidelines and give consent for him/her to attend the cycle training course at Olveston CEVC Primary School. I understand that the course is predominantly road based and run by qualified Instructors

If I am unable to be contacted following an accident I agree to my child receiving medical treatment, including anaesthetic, as considered necessary by qualified medical personnel.

Name of Child.....

Address.....

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Child's age.....

Emergency contact numbers

Signed.....Parent/Guardian Date.....