

# PRIMARY SCHOOL MENU

## WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken curry and sweetcorn rice	Roast Pork with Yorkshire pudding	Ham and cheese quiche	Roast chicken with sage and onion stuffing	Fish fingers with lemon and parsley garnish
Veggie fingers (v)	Cheese and potato pie (v)	Cheese, sweetcorn and tomato pizza (v)	Cauliflower and broccoli bake (v)	Macaroni cheese (v)
Oven baked sauté potatoes	Roast potatoes	Oven baked jacket wedges	Roast potatoes	Chipped potatoes
Oven baked tomatoes	Broccoli florets	Garden peas	Boiled potatoes	Jacket potatoes
Garden peas	Baton carrots	Spaghetti hoops	Sliced carrots	Baked beans
	Gravy	Green salad	Shredded cabbage	Coleslaw
			Gravy	
Jam sponge and custard	Chocolate pudding and chocolate sauce	Shortbread and fruit cups	Fruit crumble and custard	Fruit jelly and strawberry sponge fingers
Low fat yoghurt	Low fat yoghurt	Low fat yoghurt	Low fat yoghurt	Low fat yoghurt
Fruit cup	Fruit cup		Fruit cup	Fruit cup
<b>WEEK COMMENCING 31/10/11, 21/11/11, 12/12/11, 16/1/12, 6/2/12, 5/3/12, 26/3/12</b>				

## WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Oven baked sausages	Roast gammon	Chicken drumsticks	Roast pork	Fish fingers with lemon and parsley garnish
Pizza pasta (v)	Vegetarian chilli (v)	Vegetarian nuggets (v)	Cheesy pin wheels (v)	Tuna pasta bake
Creamed potatoes	Roast potatoes /rice	Oven baked jacket wedges	Roast potatoes	Vegetarian lasagne (v)
Garden peas	Sliced carrots	Golden sweetcorn	Parsley boiled potatoes	Chipped potatoes
Green salad	Shredded cabbage	Carrot and orange salad	Broccoli florets / sliced carrots	Jacket potatoes
Gravy	Gravy		Coleslaw	Baked beans
			Gravy	Garden peas
Pineapple upside down cake and custard	Chocolate crunch and strawberry sauce	Decorated cup cakes	Fruit jelly and ice cream	Fruit cookies & milkshake
Low fat yoghurt	Low fat yoghurt	Low fat yoghurt	Low fat yoghurt	Low fat yoghurt
Fruit cup	Fruit cup	Fruit cup	Fruit cup	Fruit cup
<b>WEEK COMMENCING 7/11/11, 28/11/11, 2/1/12, 23/1/12, 20/2/12, 12/3/12</b>				

## WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken and gravy in Yorkshire pudding	Roasted gammon	Sausage rolls	Roast Turkey	Fish fingers with lemon and parsley garnish
Vegetarian savoury pasta mince (v)	Vegetarian pasty (v)	Pasta in tomato sauce	Cheese quiche (v)	Tuna salad
Herby diced potatoes	Creamed potatoes	Oven baked jacket wedges	Roast potatoes	B.B.Q noodles (v)
Golden sweetcorn	Roast potatoes	Oven baked tomatoes	Boiled potatoes	Chipped potatoes
Garden peas	Cauliflower and carrot medley	Spaghetti Hoops	Broccoli florets / Carrots	Jacket potatoes
	Shredded cabbage		Green Salad	Baked beans
	Gravy		Gravy	Coleslaw
Orange cake and vanilla sauce	Apple crumble and custard	Shortbread biscuits and fruit cup	Chocolate cake and ice cream	Assorted Iced buns
Low fat yoghurt	Low fat yoghurt	Low fat yoghurt	Low fat yoghurt	Low fat yoghurt
Fruit cup	Fruit cup		Fruit cup	Fruit cup
<b>WEEK COMMENCING 14/11/11, 5/12/11, 9/1/12, 30/1/12, 27/2/12, 19/3/12</b>				



## **SOUTH GLOUCESTERSHIRE CATERING TRADED AND SUPPORT SERVICES**



**For enquiries and casual employment opportunities**

**Contact the Catering Service**

**Helen Morgan on 07702 696359**

**or**

**Pat Crook on 01454 86 3245**

